

2022-2023 PPE PTO Town Hall Meeting Minutes, Tuesday, Oct 4, 2022

A Town Hall meeting of the PPE PTO Board was held in person on Tuesday, October 4, 2022.

The meeting convened at 6:00 pm. AK Tanner led the meeting.

About Mrs. Tanner: She is the advocacy center coach. Wife of Mr. Tanner a 1st and 2nd grade loop teacher. She was an interior designer before getting her masters in education. She started teaching for 2 years and then stayed home with her daughter until she started pre school and then worked at Belmont weekday school. After that she took on the long-term substitute position at PPE until Dr. Young came to her with the Advocacy center coach position.

Mrs. Tanner's Role:

- Helps to coordinate the Roar Behavior Program
- Talks with students about why they come to school everyday and that it is their job just like their parents have jobs. Teaches them that they need a calm healthy brain at their job.
- Helps children to understand why they lose control of their emotions and how they can control them.
- Talked about how a lot of the students have "scarries" because they are pandemic babies and dealing with a lot of mixed emotions about daily life and activities.
- She has provided "Percy's Place" buckets for each classroom that contain breathings tools, positive affirmations and other activities to help students when they feel like they are losing control of their emotions. Good for when feeling: angry, overwhelmed or anxious.
- Spoke about creating an environment that is safe, has guidelines, has structure and to help them form controlling habits
- Discussed 6 simple ways to help kids manage emotions: listen, co-regulate, give space, distract, draw or write, problem solve